

Island	Approximate area (square km)	Population	Population density
Antigua & Barbuda	440	70,700	
Barbados		264,800	
Cuba	114,500	11,914,700	
Haiti	27,750	8,666,200	
Jamaica	10,990	2,684,000	
St Lucia		7,200	
Trinidad & Tobago	5,100	1,301,700	